

# ALLURING AMELIA ISLAND



Amelia Island is known as Florida's Golden Isle. One of a chain of barrier islands stretching from South Carolina, Amelia Island is a charming place - 13 miles long and two miles wide. Settled by the French, developed by the Spanish, named by the English and tamed by the Americans, Amelia is the only location in the United States to have been under eight different flags.

## Morning:

- Energize the mind and body playing golf or tennis at one of Amelia Island's beautiful resorts.
- And for those looking to escape it all, schedule a spa treatment at The Spa at the [Omni Amelia Island Plantation](#), a seaside resort.

## Afternoon:

- Discover history and have a picnic at [Fort Clinch State Park](#). The park has a living history program; rangers, dressed in Union uniforms, carry out the daily chores of the 1864 garrison soldiers. This is also the gateway to the [Florida Birding Trail](#).
- Wander the streets of Downtown Fernandina Beach, a historic 50-block area boasting many unusual and beautiful Victorian homes. Stroll down Centre Street to enjoy shopping in the boutiques and browsing in art galleries.
- Take to the water with a narrated tour about the ecology and history of the shoreline of the area with [Amelia River Cruises & Charters](#).

## Evening:

- Enjoy a sumptuous dinner at Salt [The Ritz-Carlton Amelia Island's](#) four diamond restaurant. The elegant meal is artfully prepared in a warm, coastal setting.

Discover more ideas on exploring [Amelia Island](#).